

Chetna-Aar. Aar. Sl.

Guj ratna s0ra* , ivStarnl
Aar. Aar. + A0 AneAe. Aar. + A0 ma3e
AamqIkr` kayRn no Aheal
tarlq 30 Aug*3-2012



magxRi Aneshyog

AaraAy Anepirvar kLya` ivwag, gu rat raj y
AayaB k

Chetna rIj yonl rIs0B sB3r, Amdavad



સેન્ટર ફૉર હેલ્થ એજ્યુકેશન, ટ્રેનિંગ એન્ડ સ્ટુડીસન અવેરનેસ

બી-બ્લોક, ત્રીજે માળ, સુપથ - ૨ વાડજ બસ ટર્મિનસ પાસે, આશ્રમ રોડ, વાડજ, અમદાવાદ - ૩૮૦ ૦૧૩
ફોન : ૦૭૯-૨૭૫૫૮૯૭૬/૭૭, ૨૭૫૬૯૧૦૦/૦૧, ફેક્સ : ૦૭૯ - ૨૭૫૫૮૯૭૮

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Website : www.chetnaindia.org

(1/12/12)

cena-Aar. Aar. sl.

Gaj ratna sora*, ivstarni
Aa. Aa. + Ao AneAe. Aa. + Ao ma3e

Aamqikr` kayRn no Aheal

tarlq

30 Aog*3-2012

smy

svarna 9.00 4l saj na 7.00

S45

cena

sp4-2, bl Bl ok tIj ema5,
vaDj bs S3Dnl same Aa7m roD,
Amdavad-380013

shwagIa

ku 12 j ma>j amngr, wavngr Aneraj ko3 +Li anl Aa. Aa. +. Ao Ane9
Ae. Aa. +. Aona ko-AoiDRo

(yadl ma3epirix*3-1 j ova ivnxi)

Aaraey Anepirvar kLya` ivwag, gju rat raj y

7l idpx dve S3o Aa. +. AaekaeAaDRo

cena Aar. Aar. sl, 3lm

vE iSmta baj pa[, s7l ikj l cacapaa, s7l sonl 7lma5l.

Aayaek

cena rIj yonl rIsob s3r, Amdavad

maDRn Aneshyog

Aaraey Anepirvar kLya` ivwag, gju rat raj y

Aheal

pAm Daf3 s7l sonl 7lma5l, pax k3 AesIAo, cena(6/9/12),(26/11/12)

spadn AneAitm Svzp

vE iSmta baj pa[, ko-AoiDRo, cena-Aar. Aar. sl(1/12/12)

pštavna

Aarogj Anepirvar klyā` mēal y, wart srkar @vara p' nn Ane ba5 Sva\$y kayRnma>m2r Aē.+.Ao yoj nani x½Aat v8R9974l krvama>Aavl. Aa yoj nane tkinkl shay pāl paDvana hē4l cēna s\$4a-Amdavadnl v8R2004 ma>rlj yaēl rlsasRsR3r trilkepsdgl krvama>Aavl, Aarogj Anepirvar kl ya` ivwag. Gjurat srkarna magBxR sa4e cēna Aar Aar sl, dvara gjuratna ku 21 +Ll anl s\$4aAonetknkl shay pāl paDvama>Aavē Oe

Caal uVa8R2012-2013 ma>Aa yoj nana Asrkark Aml lkr` ma3eAēxn Pl an tēar krvanl 9mta v2arva ma3e tmam Aē.Aē.+.Ao, Aē.Aē.+.Ao Ane Aē.Aē.+.Ao ma3eAamqIkr` kyRn nuAayoj n krvama>Aalyu

tarlq 26-27/7/12 drllyan di9` gjurat nl Aē.Aē.+.Ao /Aē.Aē.+. Ao Ane Aē.Aē.+.Ao Aneta-8-9/8/2012 drllyan]tr Anemey gjurat tēj pēmal nl Aē.Aē.+.Ao AneAē.Aē.+.Ao ma3eAamqIkr` kyRn yoj vama Aalyo hto. ta-30/08/2012na roj s0ra*_nl Aē.Aē.+.Ao Ane Aē.Aē.+.Ao ma3eAamqIkr` kayRn nuAayoj n krvama>Aalyuj ēo ivStē Ahwal Aag5 rj Ukrē Oe(b#kna smyptk ma3epirix*3-2 j ova ivnēle)

Hēu

1. Va8R2012-2013 nl AigntaAone@yanma>raqI neAayoj n krva AēAē+Ao Ane Aē.Aē.+.Ao nuAamqIkr` krva
2. Aarogj Anepo8` ma3el iviv2 srkarl yoj naAo ivxemaihtl pāl paDvl
3. Va8R2012-13 nl kayRyoj na neAēIm Svrp Aapvu
4. Va8R2012-2013ma>4nar mlyakn ma3e@yanma>raqvanl babto Anej rāl dStavjēo ivxemaihtgar krva

tal Imnl ivgt

s0 p4m cēna-Aar. Aar. sl trf 4l 7l ikj-l cacapaaAe shwagIAonūSvagt kyR Tyarbad smb p4Ra krl drē shwagIAepotano pircy AaPyo.

shwaigyoni Ap@aAo

shwagIAoneAp@aAo p0ta tē` ej ` alyuke

- Asrkark kayRoj na bnavta xlvb0e
- srkarl yoj naAo ivxev2umaihtl mēvvl Oe
- Caar ANC tpas xa ma3ekrvl j o[Aetej a` vuOe

Tyarbad Aar Aar sl koAoiDR0r v2 iSmta baj pa{ dvara Aē.Aē.+.Aonem5ē gal3 AgeccaRkrvama>Aavl j ma>t7 y ij Ll anl Aē.Aē.+.Aonegal3 m5l gyē Oe tē tAoAej ` alyu

Aarōgy Anepo8` ma3eal srkarl yoj naAo iv8emaihtl

7l idpæ dvæ S3θ Aæ.+.Ao koAoiDRθr dvara Aarōgy Anepo8` nl iviv2 srkarl yoj naAo ivxemaihtl Aapvama>Aavl. Aa ccaRma>j nni sū9a yoj na, j nni ixxu sū9a yoj na, kStuba po8` shay yoj na, icr»vl yoj na, bal sqa yoj na, mmta sql yoj na j v̄l iviv2 yoj naAo ivxe ivStt maihtl Aapvama> Aavl.tøj shwagIAona ivStarma>Aa yoj nanel {ne]dWavē a p̄no]pr p` ccaRkrvama>Aavl. tmam shwagIAoneAa yoj naAonl nkl Aapvama Aavl.Aa str̄na>4yē ccaR̄a mdda nlcemj b Oe

- Jamngrna kayRivStarma>yoj na At̄gR̄ l awa4lR̄e m5ē c̄k ne v3avvama> m̄k̄kē l AaveOetøj j aitno daql o k!avvama>ripya 200 4{ j ay Oeto Aava ikSsama>xukrvū

7l idpæ dvæej ` aVyuker̄n kaDR̄a>j ait no]Ll e j hoy Oeto t̄o]pyog krvo j o{Ae v̄l iSmta baj pa{ dvara s̄t̄n krvama>AaVyukephē 4lj Āv̄l riteAayoj n krvukedr̄k b̄ano j aitno daql o, bl.pl.Aē kaDR̄ b̄k̄ ma>qatutøj b̄k̄na Ai2karlAonem5l neb̄k̄ sa4esk̄l n krl l v̄u Aavl p̄v̄rt̄yarl sa4eAayoj n krva4l b̄eonetkl l f n p̄Dta smysr yoj nano l aw p` m5l rh̄e

- Jamngrna kayRivStarma>srkarl tøj icr»vl dvaqanama>p̄s̄ūt vqtena` ārl mag` l krvama>AaveOe. Āk̄var Āē.Aæ.+.Ao dvara p̄ēa paOa ApaVya hta to xukrvū
 - 7l iSmta baj pa{Aej ` aVyuke Ām.Ao-pl.Aē.sl. sa4esk̄l n krvu tøj S4aink Ai2karl sa4eb̄k̄ krl b̄eoni m̄k̄kē lAona sma2an ma3e xukrl xkay te]dd̄x 4l ccaRkrvl tøj +Ll a SvaS\$y ivwagna Ai2karlnel e]ltma>sma2anna h̄e4l j a` krvl
- dvarka Āē Āe j l Aona kayRivStarma>p̄s̄ūt smyep3ava5a dvara t̄pas krvama>AaveOej 4l b̄eō pl.Aē.slma>p̄s̄ūt kravvama>sk̄oc AnūveOe t̄ĀoAemag` l krl Oekel b̄r r̄mma t̄ei Haj rl n hovl j 0[Ae
 - v̄l iSmta baj pa{Aej ` aVyuke pl.Aē.sl ma>r̄bruj {ne t̄pas kro qrēr iS4tl xuOe Saco3 Aneivgtvar p̄na` j r̄ul Oej et̄yarl krl VyvIS4t rite c̄okks rj ukrvo.
 - Af Āe JI Ao AeAa ivxep̄na` wga krvanl qatrl Aapl.
 - 7l idpæ dvæej ` aVyukep33ava5o hoy to Aetpas n krl xkepr̄t̄umē nsRhoy to tetpas krl xkeOe pr̄t̄uj o t̄al gūvta brabr n hoy Aneb̄eō sa4eqrab Vyvhar krto hoy kehan kreto t̄al ivr̄e2 AvXy pgl a>l v̄ama>Aavxe t̄Āe
- kStuba po8` shay yoj na ma3e7l iSmta baj pa{ dvara j ` avvama>AaVyuke b̄eō nesmysr l aw m5etøj na` akly l awma4l po8` ma3eb̄anek̄k̄ l aw m5et̄al qatyl krva Aayoj n krvu raj S4anni Āk̄ sS4ano daql o AaPyo j ma>sḡwa iSt/ma3em̄4lna l aDubnavlneAapvama>AaveOe

• Caar ANC tpaşnl j rulyat

71 idpæ wa[Aej`aly>keiSt/na j oqmonl vhel ja` Anemata tøj ba5 mkyu A3kavva ma3eAoOama>AoOl car AeAe.sl krvi j röl Oej m>co4l AeAe sl tibb dvara krvi j o{Ae tl+ AeAe.slma>jo sgwRiSt/j oqml j`ay to tea j oqmo ni sarvar krl xkay Oe tpaşnl gùv|ama>mkkel Oete4l gùvtaswr tpaş pr v2uwar mkvo j röl Oe Aenmlyama>şaro l avva pr v6U foks krvo j röl Oe sgwaReANy ko[tkl If hoy j m keAenmly, Ae.Aa[.vl, 3l.bl,gwRl gwlr iS4it l ageto tæv6usarvar ma3erlfr krvi j röl Oe tæm5e sarvar ke sl ah mj b fol oAp j ½r krvuco4l AeAe.sl bad sarvar ma3erlfr krvi bœnl no2 raqvl.

kayRoj nanl rj Aat Anep/twavo

Tyarbad raj ko3 +Ll anl Am.Ae,+.Ao dvara v8R2012-13 ni kayRoj nanl rj Aat krvama>Aavl. j ma>idpæwa[Aneismtabæekel ak sçno kyaRAnetæ>şaro krvanu sçlyu Tyarbad drk Am.Ae.+.Aone Aape stn tøj ccaRa Aa2are kayRoj na bnavva smbkayR ma3e be kl ak no smy fa5vvama>Aavyo.şare kayRoj na ni rj Aat krl.(kayRoj nanl rj Aat drMyan Aapvama>Aave stno ni v2uivgt ma3epirix*3-3 j ova ivnæI)

71 idpæ dvæAeAape stno Aa mj b Oe

- b2ana Acivmæ3nl Akse x13 bnavvl
- AnsvB AneAðr svB ivStarma>l (yak 85% phoçya pOl gùvta pr war mkvo pDe baklna l (yak ma3estt Aaroçy ix9` Anefol oApnl j ru Oe
- srkarl sçvama>iS4tl bdl a{ Oetej ova ma3esgwææo nepl.Ae.sl. plknk kravo
- j e ivStarma>Aa@yaiImk gau ke wgtnu l oko manta hoy tea mkkel lva5a ivStarma>2mçusa4esk l n krl kam krvo

vE iSmta baj pa{Aestn kyRke

- Aaxa, AeAe. Am. Ane Ae. Ae. DbLyu sa4e skl n krlne Akblj anl S,ø+ Apnavlnekam krvo
- s0 p4m mkkel lAonl coqv3 m5vvl Tyarbad kayRuAayoj n krvo
- gam AneivStar mj b mkkel lAo Anetæa]ke ma3euaayoj n krvo
- bœnl sçvdxll ta Aneqanglp` ano Anemlyono Qyal raqlnekam krvo
- Naa` akly l awnl sa4e sa4e bœone potana Ane potana ba5kna Aaroçynl mhIvtanl smj Aapvl.
- drkepotana pzn3xn ma ds {Dikarna vai8R Acivmæ3 dxarTl Akse x13 bnavvl

kayRna Aæel vaye in` R:

71 idpæ dvæ S3ø Ae.+.Ao. koAoiDRæR Ane vE iSmta baj pa{, pøj k3 koAoiDRæR dvara Aapvama>Aave mhIvpURstno tøj]prokt ccaRa Aa2aresDara krl ne potana ivStarnl Va8R2012-2013 ni kayRoj na nlcej`ave tarlq pna` e mokl vana in` R l vama>Aavya;

- raj ko3: 05/09/12
- Jamngr: 07/09/12
- Wavngr: 07/09/12

přtwavo

- S4aink piriS4itne@yanma raql pŕk| AonucoKks Aayoj n krvani smj v6l,
- Aayoj n ma3eAakDa siht maihtInl AgIyta Samj a[.
- v8RdrMlyan krvani kamglrl AneS4aink Streskl nni AgIyta smj a{.
- b#kma 4ye ccaRAnem5e sœno dvara tœo potani kayRoj na tŕar krl xkxe AnetœeAml ma>mkvanl sr5ta rhœe

Va8R2012-13 ma>4nar mLyakn ivxe

7l iSmtabœetmam shwagIAonej aNyAarl-MaacR2013 ma>4nar mLyakn ivxemaihtl Aapl. tœa>tœ` ej ` aVyukeAaroGy Anepirivar kLya` ivwag, wart srkar dvara baHy mLyakn krvama>Aavxetœustœn krvama>AaVyu0ej ej aNyAarl-MaacR2013 ma>4[xkxe Aa mLyakn ma3edrk Aœ.Aœ.+ .AoAekœl ak ptko AnedStavœo tŕar krvana rhœej œa>{vœ3 r+S3r, gam pŕnai` ekrœ pŕktnl yadl, maisk Aœval , kes S3DI tœj pŕnai` t na` akly Aœval no smavœ 4ay OeAa tmam dStavœoni yadl Aapvama>Aavl tœj ivStar4l maihtl Aapvama>Aavl.

Samapn

Aœ7l iSmta baj pa{ Ane7l ikj|l cacapœa dvara cēna-Aar.Aar.sl AneAaroGy Anepirivar kLya` ivwag, gŕrat srkar vtl tmam shwagIAono Aawar manvama>AaVyo.

]psbar

s0ra* , ivStarnl t7 Aœ.Aœ.+ .Ao ma3e v8R 2012-13nl AigŕmtaAona Aa2are kayRoj na tŕar krva cēna.Aar.Aar.sl. ŕara yoj œ Aamqllkr` kayRœn sf5 rhYao. raJynl AgIŕmtaAo sa4e Aœ.Aœ.+ .Aoni S4aink kayRoj nano smœ sa2vama>AaVyo. Maata-ba5 po8` nl iviv6 yoj naAo ivxeivgteccaRkrvama Aavl Ane tœno Samavœ kayRoj nama> krvama> AaVyo. Aœ.Aœ.+ .AoAe tŕar krœ kayRoj nane 7l idpœwa{Ae Anevœ iSmtabœe ivgtvar sœno AaPya hta j œl Aayoj n v6Ucoksa[4l tŕar krl xkay. kayRœna Aœe drœ Aœ,Aœ.+ .AoAe cēna-Aar.Aar.slnetœnl kayRoj na, Aœval ma>Aag5 dxœAya mjœbnl tarlq sœl mokl l Aapvano in` R l I2o. Aa bœk4l Asrkark kayRoj na 6Dva ma3œl idxa m5l pŕœUAœ.Aœ.+ .Ao yoj na na mLyakn ivxe3œmaj cœR4[xkl htl.

pirix*3-1

LIST OF THE PARTICIPANTS

Sr. No	District	Name and Designation	Name of Organisation
01	Bhavnagar	Mr. Sumit Thakkar MNGO Coordinator	Indian Red Cross Society Red Cross Bhavan, Opp. Bartan Library, Diwanpara Road, Bhavnagar. Ph. /Fax :0278-2430700 / 2424761 Email: ircsbvn@yahoo.com
02		Mr. Ashok B. FNGO Coordinator	Excellent Yuvak Mandal Devraj nagar 2, Block No. B/151, Ghogha Road, Ring Road, Bhavnagar – 364001 Ph. No. – 0278-2573340
03		Mr. Jalpesh Bhatt FNGO Coordinator	Shree S.R.C.M. Bhagini Mitra Mandal Sarvodaya Society, Palitana – 364270 Phone: 02848-253320, 252915,
04	Jamnagar	Mr. Dahyabhai Ghedia MNGO Coordinator	Shri Sarvodaya Mahila Udhog Mandal Modi Nivas, Okha Port 361350, Dist. Jamnagar Phone/Fax: 02892-262291, 262309 / 262291 Email: ssmum_okha@yahoo.com , rch2_okha@rediffmail.com ,
05		Ms. Jigna Joshi FNGO Coordinator	Gayatri Shikshan Samaj 3, Kharawad, Bhanvad Ph.: 0285 – 2630011/ 2636035
06		Ms. Nirali Samani FNGO Coordinator	Gramya Vikas Trust Near State Transport Bus Stand, Okha Highway, Dwarka - 361335, Jamnagar Ph.: 02892 – 236551/ 236552 Email: gvtwdwarka@yahoo.com
07		Ms. Geeta Parmar FNGO Coordinator	Kalayani Charitable & Welfare Trust 60, Dwarkadhish Society, Harshad Road, Bhatiya- Ph no: (02891) 233467
08		Ms, Monghiben Manek FNGO Coordinator	Sri Viram Asha Manek Charitable Trust Godown area, Mithapur Ta. Dwarka, Jamnagar-361345 Ph.02892-226809/ 226525 Mobile -09426968571
09	Rajkot	Mr. Jayanti Makwana MNGO Coordinator	Navjeevan Trust Bishop's House, P.B No 1, Kalawad Road, Rajkot - 360 005 Phone/Fax: 0281-2563231, 2563891, 2563231, 2563427 Email : navjeevanrjt@satyam.net.in
10		Mr. Laljibhai Muchhadia FNGO Coordinator	Samarth Organisation Trust Vada Vistar / W-12 TO & Ta- Maliya (Mi) Near Rana Adam House, Rajkot-363670 Email: samarth_organization@yahoo.com ; lalji.muchhadiya@gmail.com
11		Ms. Kiran Vaghela FNGO Coordinator	Saurashtra Voluntary Action Rajkot 3, Shivaji Para, At. PO Vinchiya Ta: Jasdan, Rajkot-360055, Ph: 02821- 273325 Fax: 02821 273325
12		Mr. Vijay Vyas FNGO Coordinator	Vasundhara Trust 222, Back bone shopping centre, 2nd floor, Mayani Chowk, Rajkot- 360004 Ph:0281-2360768, Fax: 2465211, vasundharaorg.raj@rediffmail.com
13		Mr. Dipesh Dave	State NGO Coordinator Block No-5, 3 rd Floor, Jivraj Maheta Bhavan, Gandhinagar-382010, Gujarat Ph.: 079-23253297/23253342
CHETNA TEAM			
14		Vd. Smita Bajpai	CHETNA B-Block, 3 rd Floor, Supath-2, opp. Vadaj Bus terminus, Ashram Road, Vadaj, Ahmedabad-380013, Gujarat.
15		Ms. Kinjal Chachapura	
16		Ms. Sonal Srimali	

pirix*3-2

Aa. Aa. +. AaAa. Aa. +. Aa Aamqkr` kayRnli rprea

tarlq EE Aog*3, EEE

smy	ivgt	Vyikt
9.45-10.00	Svagt, p4Ra, pircy, hEuAneAp@aAa	ikj cacapaa, cena
10.00-10.10	Aa AaJIAa ni fD paptl AneAa. Aa. yal iS4it	vE iSmta baj pa[, cena
10.10-11.15	srkarl yoj naAoni ccaR	7l. idpæ wa{, S3@ Aa+Aa koAoiDR@r,
11.15-11.25	Cha ivram	
11.25-12.30	Va8REEE – EEni kayR yoj nani rj Aat Ane s@no	7l. j yit wa{, raj ko3
12.30-1.45	kayRyoj na pr Aape s@n pna` esmb kayR	
1.45-2.20	Waoj n ivram	
2.20-3.15	kayRyoj na pr Aape s@n pna` esmb kayR	
3.15-4.10	s@are kayRyoj nani rj Aat Anes@no	7l. DaHya wa{, j amngr
4.10-4.25	Cha ivram	
4.25-5.25	s@are kayRyoj nani rj Aat Anes@no	7l. j yit wa{, raj ko3
5.25-6.15	s@are kayRyoj nani rj Aat Anes@no	7l. simt wa{, wavngr
6.15-6.45	Va8REEE ma>4nar mLyakn ma>^yan ma>raqvani babto ni ccaR	vE iSmta baj pa[, cena
6.45-6.50	AawardxR Anesapn	ikj cacapaa, cena

pirix*3-3

kayRoj na ni rj Aat drMyan kamglrl ma3ea stno

<p>j amngr ij LI o :</p> <ul style="list-style-type: none"> • S45a3rna bInesmyga5a mj b g` trl krlnevStl l qvl. • gamly ivkas ,S3, kLya` l c33bl ,S3,Ane paStr gamna ivStarma> ba5mkyuma3etpas krvl. • drk matamkyal ivgt fomRwrlneAar Aar slnemokl avva. • l lkvr n m5eto bl+ S,3e Apnavvl j ma Aaxa sa4ekam krl xkay. • vhel no2` l, co4l AeAe.sl,tpasnl gu vta pr war Aapvo, • 15-49 v8Rl1150bhao OBlJay OeAag` vaDI Aaxanl yadl sa4em5vl l eu • koAoiDR0reAaxa, Aag` vaDI vkr AneAe.Ac.DbLyusa4eskl n krvu • maihtl Ak#l krlnetauvyviS4t dStavekr` krvu • drk sS4a bakl rhe bhao pasekyareAnekol ritephoe xe te somvar sQlma>j` avvuAnesat idvsnuAk Aiwyen x1/2 krvuAnesat idvsna A3eirpoR t3ar krvu, Tyarbad j A3xn Pl an/kayRoj na t3ar krvl.
<p>raj ko3 ij LI o :</p> <ul style="list-style-type: none"> • gamna del pj k koMyin3Inl yadl bnnavvl del pj k koMyin3Ine vhel no2` l,AeAe.sl Anepl.Ae.sl.ma3efoks n krva. • vhel no2` l ma3ej ebhaoAer+S,3n kraVyuhoj AnetAone700/- 1/2pya m%ya hoy tAono p3ar krvu. • kStaba po8` shay yoj nanepno3 krvl j 4l, bhao no2` l kravva Aavxe • Aaxa, Ae.Ae.DbLyuAneAeAe.Ae sa4eskl n krlnebhaoonl yadl srqavvl. • Ak kebevahno krlnebhaoonemmta sdwRk1ma>ANC kravva ma3el [j vl. • mmta sdwRk1ma>bhao sa4eAaxanemokl vl. B.H.O.neAga] 4l j a` krvl. • sS4aiky svavD ma3RSBY yoj nanepno3 n krvl. • poil yo idvsekMpl l3 [Myaa[z3xn nhl 4ay ma3eblj a ko[idvsekMpl l3 [Myaa[z3xnefoks krvu • bheoma> A3nmya dejatu n4l,j 4l matamkyau kar` bne Oema3e bheone A3nmyanl sarvar ma3et3ar krvl. • A3nmya pr v2ufoks krvuA3limya Anematamkyael lk krvu • A3ge kpl, nvpri` t ygl t3ej Ak ba5k va5a ygl onu Vyiktgt ka]Ns3lg krvuj ma>l Gn+vn A3l exu t3ej gwRno2nl ibnkayml p32it pr war m3vo Jyarebeba5kova5a ygl o sa4ensb2l ma3evat krvl.
<p>wavngr ij LI o :</p> <ul style="list-style-type: none"> • AeIvm3ma>Oyal Aavto n4l,. J4l gpenlyviS4t krvl. • Ko5l smaj na l lDrnuwUa saw5eOeto t3nl sa4evat krl vhel no2` l ma3et3nl sa4ekam krvu • vhel no2` l ma3elyiktgt ka]Ns3lg krvu • AaroGynl svaAo Aneyoj naAonl maihtl m5aAoma>kethvaroma>Aapvl. • srkarl yoj naAo AnesvaAono l aw phe a Apavvo. • Maatamkyuba5mkyal AarAarsl AneAeAe+Aonesat idvsma>j a` krvl. • 108 no]pyog krlnej 3rma>iDI lvrl krvl. • nsb2l ma3e>wa{Ao nerol moDe trlke]pyognl r` nlit kam nhl kre ivStarnl iS4tIne@yanma>raq l r` nlit banvo • m5ama>b3o sgRavS4a, p3ut, pj nnt3na rogo vgeal vat j ahema>nhl kre Aa mddo s3dnxll Oet4l Vyiktgt ka]Ns3lg krvupDxe • l okoma>smj]wl kro keiviv2 srkarl yoj naAo4l na` akly l aw p` m5xet3j mata Aneba5k no +v p` bcxe